



Education and Culture DG

Lifelong Learning Programme

ESTEEM

Empowerment through Study, Training, Enabling Education and Mentoring



The Partnership

UK: De Montfort University (Leicester)

Bulgaria:  Marie Curie Association (Plovdiv)



Social Services Complex (Sliven)

Malta:  University of Malta



Greece:  e-ISOTIS



Turkey:  Sakarya University





Previous Projects

The **MÁS** project 2000-2003, focused upon the development of a preparation for social work module that addressed the development of study skills, skills to use ICT effectively, and foundation skills

The **Mentoring and Training of Disabled People and Employers** project 2001-2003 by Marie-Curie Association, which developed a work-based mentoring scheme for disabled people





The APT Project 2005 -2007

A Preparation for Social Work programme:

- delivered through blended learning
- incorporating mentoring support
- to improve access for disabled people to professional training in the field of social work and social care.





ESTEEM 2007-2009

The project aims to empower disadvantaged people, in developing their own learning and in identifying their employment and training potential. It achieves this through a supported self-assessment process, and by giving learners direct involvement in programme development and delivery.





LOQuAP - What is it?

- It is a process, not an object, and builds on existing processes and needs
- It is an accumulating set of documents, mirroring the different stages of the learning journey: application & enrolment, programme study and exit/matriculation
- It is a record of choices, and how choices were made
- It is a self-evaluation of progress
- It is an appraisal of options





LOQuAP - What does it do?

- It provides users with guidance about their options, to help them make informed decisions about their future learning and work
- It formalises informal and non-formal learning
- It links with broader accreditation processes, such as Europass CV, DMU Learning Skills etc.





LOQuAP - Three key principles

- It is centred on and controlled by the user
- It mirrors the two elements in the preparation programme: study skills & subject specific
- It is portable and adaptable





Student/Trainee Views - UK



- *"Being involved in the groupwork has been a really useful experience"*
- *"Meeting people and tasting university life"*
- *"Getting back into learning and trying to better yourself"*



Student/Trainee Views - Bulgaria



- *The training was interesting and fun. It was a pleasant and easy way of training.*
- *Within the programme I learned about new approaches and methods of learning.*
- *I was impressed by the reflection on a particular situation, the analysis and planning, Kolb's cycle. In the future I will use these methods of self-reflection.*

Student/Trainee Views - Malta



- Through this course, thanks to the teachers and Mentors, I have been able to reflect deeper, get to know myself better and find those weaknesses that were holding me back from a better life.
- My mentor, herself being a student, has guided me on how to handle lectures, assignments and has fully prepared me for what I am going to face as a university student.



Other Views - Turkey

"ESTEEM encouraged me to do my best for disadvantaged people and people with disabilities",
Mansur Demir, Head of Public Education Centres

"Now I can easily find and reach people who are willing to read books and lecturers notes for deaf students"
Gülbaşak Diktaş, Sakarya University Disability Support Coordination Unit

"I wholeheartedly congratulate all these people, who work on the ESTEEM project about disadvantaged people for their extreme motivation and dedication"
Adnan Boynukara, Advisor to OZIDA





Best Practice - Three examples:

Malta: The innovation of a student-centred approach and pastoral care given to students was at the heart of a successful project

Bulgaria: The ESTEEM training programme for low qualified workers gave them a unique opportunity to take part in a flexible training course that responds to their needs.

UK: The development of LOQuAP for the ESTEEM project has been recognised by DMU as an example of best practice, and it has now been adapted for use with Continuing Professional Development courses across the University.

